



# Training Game U-8 Players

## Mad House

**Skill:** Dribbling, Passing, Attacking and Defending

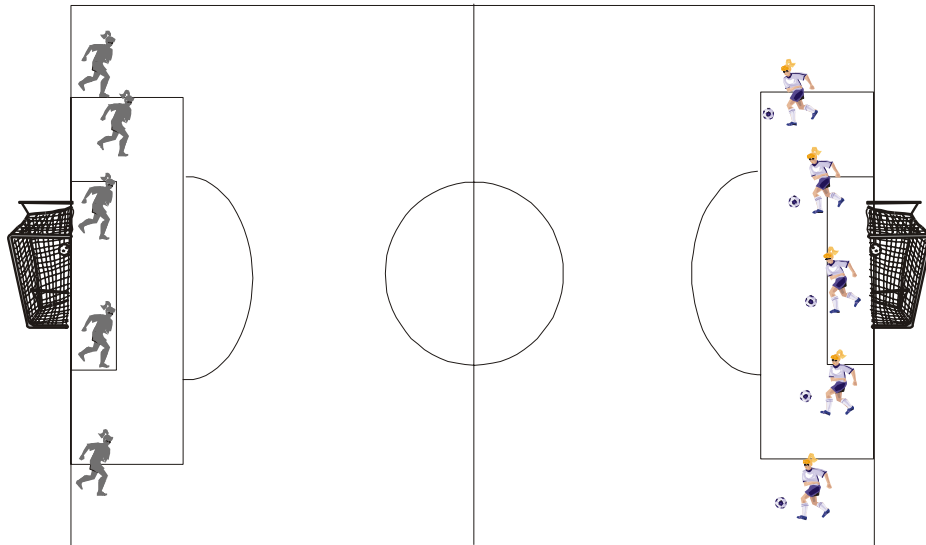
**Number Of Players Required:** Full U-8 Team

**Equipment:** 1 soccer ball per player and a set of pennies

**Grid Requirement:** Full size U-8 soccer field

**Organization:** Using a full size U-8 soccer field, divide the team into two equal groups one of which will wear the pennies. Place one group on one goal line with a soccer ball at their feet and the other group on the other goal line. The coach will decide which group will have the ball first. .

**How The Game Is Played:** Coach will direct which group has the ball first. The coach will yell, "go". Group with the ball is on the attack the other group defends. Points are scored by shooting the ball into the goal at the opposite end of the field. If the defending group gets possession of a ball they go on the attack and try to score in the other teams goal. Group that scores the most wins. Play the game 4 times.



**Variations:** Allow each player to have a ball.